

A Stitch in Time? aims to evidence the contribution of the third sector to the Reshaping Care for Older People agenda.



A Stitch in Time Newsletter



Hello Jane

Welcome to the Summer newsletter for A Stitch in Time? (SIT), a partnership programme to demonstrate the Scottish third sector contribution to care for older people.

ESS and the working group are very busy producing and disseminating SIT materials. Read on for what's available now!

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Patchwork Bits and Pieces

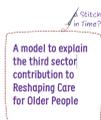
ESS support guides
(free)

[Using what you learn from evaluation](#)

Want to know more about the SIT programme go to our SIT webpages [here](#)

For further information about SIT please contact Diane Kennedy [here](#)

New SIT materials



There was much excitement in the office when we received the final copies of '**the model to explain the third sector contribution to Reshaping Care for Older People**' and the **Indicator Bank** from the designers. We have had great feedback from a range of people that we have met at recent events. **Download your copies** of the **Model** and the **Indicator Bank** and start using them.



Over the next few weeks more materials will be available on our SIT webpages. These will include '**Focus on...**' documents. In the SIT model we identify six key sets of outcomes. The 'Focus on...' documents explain the third sector interventions that contribute to a specific key set of outcomes and evidence that supports them. The first, **coming soon**, will be a focus on outcomes around **making the physical and social environment age friendly**.



Evidence, more evidence



Having explained the contribution of the third sector through the logic model and developed indicators and used other evaluation methods to measure, the working group and ESS are focussing on proving the third sector's contribution to Reshaping Care for Older People.

An **evidence review has been commissioned on older people eating well** as well as original **research around community transport, and informal community action**.

Click on the links below:

Older People Eat Well - This evidence review addresses how the third sector supports older people to eat well, how the design of third sector initiatives impacts on outcomes and the sector influences other services.

Getting there - Older people telling their stories of the role of community transport in their lives.

Informal Community Action and Reshaping Care for Older People Case Studies - This research uses case studies to look at older people's information needs, the key pressures on informal groups and how mainstream groups support older people.

For more information please contact [Diane Kennedy](#)

ESS busy disseminating

Talking about the learning from SIT is a priority for ESS and the working group. In the last two weeks we have attended the **National Community Planning Conference** and **Joint Improvement Board's networking event: Integrating for Better Outcomes**. We met a range of people interested in the SIT materials and talking about outcomes for older people from commissioners and third sector organisations to a variety of practitioners.

Thank you to all who visited our stand and thanks to working group member, Stefan Milenkovic from **EVOC**, for co-hosting the stand.

We are meeting **Joint Improvement Team Leads** at the end of June. They play an important role in supporting local RCOP Change Funds.

Calls for evidence

The **Scottish Third Sector Research Forum** champions research from and about the third sector. We'd like your help to bring together research and evaluation evidence in two particular areas:



1. To better understand the **benefits of volunteering for people with complex needs**, whether volunteering or receiving a service from a volunteer.

Please send us a study or piece of research you commissioned, an evaluation report, an impact report or material you prepared for a funder. Click [here for an information sheet](#) with contact details or email [Kathleen Doyle](#) for further information.

2. To better understand the **tools and approaches that third sector and public sector use to engage in positive partnership**. Please tell us about:

- >> tools, models and theories of change you use/have used to engage in partnership
- >> benefits and highlights of using those tools
- >> any challenges and unintended outcomes (positive and negative)

See the **complete call for evidence** [here](#).

The deadline for both calls for evidence is **15 August**.

We'll have more news about The Scottish Third Sector Research Forum in ESS's main July newsletter. If you do not receive our ESS newsletter please sign up [here](#).

Evaluating prevention

Our director, **Steven Marwick**, has written his first blog on evaluating prevention. Read the blog [here](#).

Outcomes consultation

The Scottish Government has launched a two-stage consultation on two sets of draft Regulations and Orders that accompany the **Public Bodies (Joint Working) (Scotland) Act 2014**.

The consultation on the **National Health and Wellbeing Outcomes** gives you the opportunity to express your opinions on the draft Regulations before they are finalised and implemented. ESS will continue to feed learning from **SIT** and other pieces of work, such as **Support in the Right Direction** and **Harmonising Reporting** with Scottish Government officials. We will be feeding into the group looking at the indicators to measure progress towards the National Health and Wellbeing Outcomes.

Stage 1 (12 May - 1 August 2014) includes draft Regulations relating to National Health and Wellbeing, which ESS supported to draft. **Stage 2** (27 May - 18 August 2014) includes draft Regulations and Orders relating to membership of strategic planning groups, as well as the form and content of performance reports.

Read the **Alliance's briefing on Set 1 of the regulations** [here](#) and find out more about the **engagement event** to be held on 1 July.

If you have been forwarded this newsletter and want to receive it in future please **contact us** to be added to the SIT mailing list. To read previous SIT newsletters click [here](#).



**Get
Involved**

As the proverb goes 'Physician, heal thyself', **ESS is evaluating the SIT programme.** We want to hear from you about what you think about the materials and how you are using them. Complete the [survey here](#). Thank you!



**SIT
Evidence**

[IRISS](#) has produced a report about **preventing loneliness and isolation** in older people. See the report [here](#).



**Get
Involved**

We have reorganised the **SIT webpages**. See them [here](#) and tell us what you think. Any questions contact us [here](#).

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