

A model to explain the third sector contribution to Reshaping Care for Older People

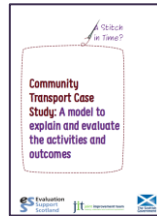


Indicator Bank for third sector outcomes for older people and carers



Focus on publications take a deeper look at the work which helps make a difference to older people in our communities through helping them to:

- [Stay socially connected](#) with family and friends
- [Stay positive and in control](#) throughout transition periods in their lives
- Live in [age friendly environments](#)
- Feel a sense of [financial security](#)
- Enjoy a [healthy and active](#) life
- Ensure the [system works better for older people](#)



Organisational/ intervention case studies include an explanation or model to highlight particular activities and outcomes from specific third sector interventions and discussion of self-evaluation methods and challenges:

- [Community Transport](#)
- [Pilton Equalities Project](#)
- [Midlothian Third Sector Interface](#)
- [Changeworks \(energy advice\)](#)
- [Edinburgh Leisure \(physical exercise\)](#)
- [LGBT Age \(Lesbian, Gay, Bisexual and Transgender services\)](#)
- [Optima \(day care\)](#)
- [Community Connecting \(helping older people to make connections in their community\)](#)
- [Carers' support](#)
- [Dementia Friendly Communities](#)

Evidence reviews and mapping:



- ["It's good to go places" - A review of transport for older people](#)
- ["Older People Eat Well"](#) (jointly commissioned with Community Food and Health Scotland)
- ["The same. yet different"](#) Evidence review of the needs of lesbian, gay, bisexual and transgender (LGBT) older people.
- [Rapid Review of literature concerning the Health and Well-being Impacts of Volunteering for Older people](#) (Scottish Collaboration for Public Health Research and Policy, SCPHRP)
- [Evidence review on how third sector supports older people with degenerative neurological conditions in Lothian](#) (Neurological Alliance of Scotland, NAOs)
- The benefits of volunteering ["Better than Pills" Evidence of the benefits of volunteering](#)
- ["Getting There"](#) - The role of community transport in older people's lives (Community Transport Association)
- [Informal Community Action](#) - The role of informal third sector in offering activities for fit older people.
- [Informal Community Action and Reshaping Care for Older People Case studies, Midlothian Voluntary Action](#) – Research on the role of informal groups.
- [Mapping exercises](#) to identify the range and scope of third sector interventions in Lothian.
- ["The benefits of befriending"](#) A study using a 14 item scale based on the Warwick-Edinburgh Mental Well-being Scale (WEMWBS).Befriending Networks
- ["No place for fatalism"](#): The third sector contribution to improving older people's experiences of declining health, bereavement and death
- ["A Good Outcome"](#): evidencing how local carers' organisations are supporting carers to achieve their personal outcomes" Coalition of Carers in Scotland

For Commissioners:

- [Learning from A Stitch in Time? A guide for commissioners](#)

Case studies

- [Community Connecting and City of Edinburgh Council](#): Developing a common approach to evaluating and reporting
- [Commissioners case study about Midlothian Council Change Fund](#): Working together in Midlothian

To **download** copies of these resources and for **further information** about *Stitch in Time?* visit Evaluation Support Scotland's website, www.evaluationsupportscotland.org.uk